



Chrysalis

ACADEMY

unleashing potential!

Are YOU the change

YOU want to see in the world?



**Make a difference
in your own life
to make a change in your community!**

Chrysalis Academy Profile

Who are we?

The Chrysalis Academy is a social crime prevention & youth development organisation, which empowers young people 'at-risk' to take responsibility for their personal growth.

To achieve its vision & mission, the Academy is providing them the necessary life skills and tools to become self-confident, economically productive and positive role models within their communities.

We are a preventative initiative as opposed to a rehabilitation program.

What are we offering?

A 5-year youth development programme which starts with an intensive 3-months empowerment training that takes place on our beautiful campus set in the peaceful surrounding of the Tokai forest.

Our students undergo four different stages:

Orientation Phase, Outdoor Phase, Skills Phase and the Community Phase.

During each phase, our students are exposed to extensive physical activities, different learning areas and voluntary work to achieve their development into positive role models. They acquire social values, environmental awareness, life & leadership skills as well as career skills.

Throughout our programme, our students have access to individual counseling and life coaching based on individual assessment.

Furthermore, parent workshops and family sessions are offered to promote positive parenting and caring families in the communities.

After graduation, our students are encouraged to give back to their communities as positive role models by volunteering at our established Chrysalis Academy Youth Clubs or for other Community Based Organisations.

Our graduates will be continuously tracked and further supported for 5 years to ensure that sustainable personal growth is achieved.

Our 3-month Empowerment Training

I. Orientation Phase

As a foundation for our training, a daily routine is established where discipline, neatness and personal hygiene are emphasised.



The following life skills are offered to our students:

- Personal development, goal setting, conflict management
- Basic health & nutrition, HIV/Aids & sexual harassment
- First aid, fire fighting & environmental awareness

II. Outdoor Phase

Our students head to the great outdoors to test their personal limits, discover strengths and weaknesses, develop teamwork skills and experience the power of nature. Hiking, abseiling, kayaking and rock climbing are just some of the challenges.



After this phase, the students will be allowed visitors for the first time since leaving home.

III. Skills Phase

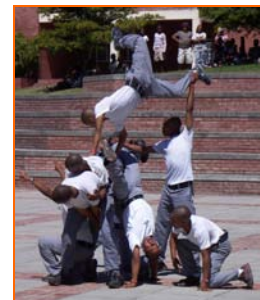


According to the needs in the job market, the students will be exposed and introduced to different job skills courses as part of a career orientation to assist them with future job decisions:

Car maintenance, hairdressing, welding, carpentry, catering, basic computer skills, leatherwork, tailoring, electrical circuitry, basic business administration, homecare (first aid level 3) or tourism.

IV. Community Phase

Our students are prepared for their life back in the 'real' world by focusing on life orientation skills and career guidance. Voluntary work and connecting with a community organisation is encouraged whereby much emphasis is placed on positive community work like sports coaching in schools or neighborhood watch patrolling.



Testimonies of our Students

“My life today is sorted out... I’m enjoying my life now!”
(Graduate in 2007)

“I just decided maybe this can change my life, so let’s give it a shot for three months... the first week was the hardest week ever, actually the first day... but when I got used to the place... at graduation... I didn’t want to go home. If I could come back I would come back on a course again.” (Female Graduate in 2006)



“I developed a lot but most important thing is that I became very mature... this place develops you into a man...”
(Graduate in 2006)



“It was an awesome experience... when I got here I was a little bit shy still, but there were people that already recognized the talents in me, which I’m grateful today cause they saw potential I have, the talent that there is... they made me proud, made me become confident, just getting a positive mind... became goal oriented, knowing what I want in life.” (Female Graduate in 2002)

“This place means the world to me! Today, my life is sorted out and I have a perfect life style than before and the result is now 100 per cent for me.”
(Graduate in 2007)



“I see myself as someone who can help change... lot of my friends were on drugs... when I’m back, they saw that I changed... I sat with them... organized stuff to do... so we did not had to participate in drugs... few of them stopped... so I feel good about it.. Chrysalis was helping me with my life and then I could help other people as well.”
(Female Graduate 2005)

Who are we looking for?

Young **motivated** people who want to contribute to society and that:

- Are between **17 and 25 years** old
- Have passed **Grade 9** (Standard 7)
- Are presently **unemployed**
- Have **no criminal record**

For applications:

Please fax the **application form** together with a **copy of your I.D.** and your **latest school report** to the Chrysalis Academy.
(see our contact details below)

Should you fit our criteria, you will be contacted to arrange an **interview**. You will then also undergo a **medical and physical assessment** for the final selection.

Unleash YOUR potential! Apply TODAY!

Our youth development program is **FREE** to all applicants from all areas of the Western Cape!

Contact Details:

Chrysalis Academy, Porter Estate,
Tokai Road, Tokai 7966
Private Bag X2
Western Cape

Tel: 021 712 1023

Fax: 021 713 0424

Email: recruit@chrysalisacademy.org.za



Chrysalis Academy is sponsored by the Department of Community Safety, Western Cape

I WANT TO MAKE A CHANGE!

Please write clearly

Surname:

First Name(s):

I.D. Nr. (if applicable):

Age: Date of Birth:

Gender (Male/Female):

Home Address:

Postal Address:

Telephone (home):

Cell:

Other:

Highest school grade passed:

Are you willing to commit yourself with the Academy for 5 years after our empowerment training?

Yes: No:

In what way?

In which capacity are you filling in this application?

(Please circle!)

Self Mother Father Guardian Other

Signature of Applicant (If under 21, Guardian):

Please do not forget to attach also the copy of your I.D. and your latest school report!